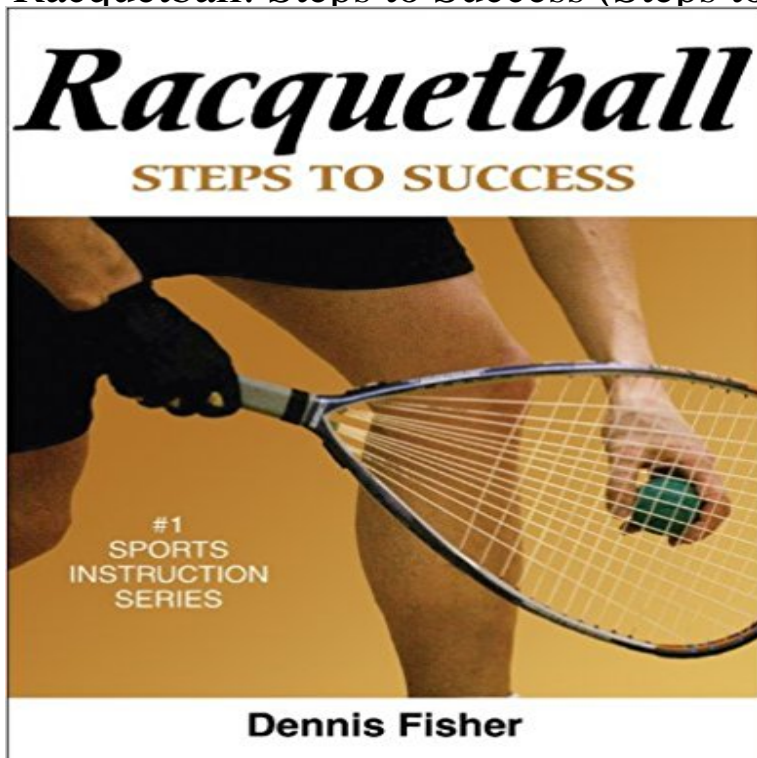


Racquetball: Steps to Success (Steps to Success Sports Series)



Master the shots and strategies to control center court and win points. Racquetball: Steps to Success features expert instruction, clear photographs, 3-D court diagrams, more than 80 drills, and a proven system for improving your game. Stroke mechanics for the forehand and backhand and more than 35 shots, including serves, serve returns, and front-wall, side-wall, ceiling, and back-wall shots, are covered and illustrated. Learn when finesse trumps power, why a risky kill shot may be a better choice than a high-percentage ceiling shot, and what shots will move you into and your opponent out of the critical center court position. As part of the popular Steps to Success Sports Series, with more than 1.5 million copies sold, Racquetball: Steps to Success covers it all to give you the tools to rule the court!

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window.ue_csm.cel_widgets = [      { id:
detail-bullets      } , {      id:
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return custRev + (index + 1); }      } , { id:
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b=document.ue_backdetect;b&&b.ue_back
&&a.ue&&(a.ue.bfini=b.ue_back.value);a.
uet&&a.uet(be);a.onLdEnd&&(window.ad
dEventListener?window.addEventListener(
load,a.onLdEnd,!1):window.attachEvent&
&window.attachEvent(onload,a.onLdEnd))
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lit?(b=a.ue_furl.split(.))&&b[0]&&a.ue.tag
(b[0]):a.ue.tag(nofls)))(ue_csm); var
ue_pty=Detail, ue_spty=Glance,
ue_pti=0736069399; v
(function(g,h){function d(a,d){var
b={};if(!e !f)try{var
c=h.sessionStorage;c?a&&(undefined!==ty
peof
d?c.setItem(a,d):b.val=c.getItem(a)):f=1}ca
tch(g){e=1}e&&(b.e=1);return b}var
b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a.e?a=ET:(
a=a.val,a (a=b.oid
NI,d(csmtid,a),c=d(b.oid),c.e (c.val=c.val
0,d(b.oid,c.val+1)),b.ssw=d);b.tabid=a)}(u
e_csm,window); (function(b,c){var
a=c.images;a&&a.length&&b.ue.count(tot
allImages,a.length)})(ue_csm,document);
(function(m,h){function I(a){if(a)return
a.replace(/^\//s+ //s+$/g,)}function
x(a,e){if(!a)return{ };a.m&&a.m[k]&&(a=a
.m);var b=e.m e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&&a.m.tar
get&&a.m.target.tagName?b+(Error
handler invoked by +a.m.target.tagName+
tag):a.m?b+a.m:a[k]?b+a[k]:b+Unknown
error,b={m:b,f:a.f a.sourceURL
a.fileName a.filename
a.m&&a.m.target&&a.m.target.src,l:a.l
a.line a.lineno
a.lineNumber,c:a.c?+a.c:a.c,s:[],t:m.ue.d(),
name:a.name,type:a.type,csm:J+
+(a.fromOnError?onerror:
ueLogError)},d,c,g=0,f=0,n;c=h.location;d
=a.stack (a.err?a.err.stack:);b[y]=e[y]
c&&c.href missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_err&&h.p
erformance&&h.performance.timing&&(c
=h.performance.timing,f=window.performa
nce&&window.performance.now&&windo
w.performance.timing?window.performanc
e.now()+window.performance.timing.navig
ationStart:+new
Date,b.ld=0l.mxe)}[l.ec++;l.ter.push(a);e=e
{};var b=a[p] e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z l.ecf++;w(a, e)}function
w(a,e){if(a){var b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u][v]){var
c={};c[d]=b;try{var

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g=h[u][v]({rid:ue.rid,sid:m.ue_sid,mid:m.ue_mid,sn:m.ue_sn,reqs:[c]}),f=h1,n;if(n!=(f[D]&&f[D](E,g))){var l;if(h[F]){var k=new h[F];k.onerror=s;k.ontimeout=s;k.onprogress=s;k.onload=s;k.timeout=0;l=k}else{var p;if(h[G]){var q=new h[G];p=withCredentialsin q?q:void 0}else p=void 0;l=p}n=1;if(d=n){d.open(POST,E,!0);if(d[H]d[H](Content-type,text/plain);d.send(g))}catch(r){}}else m.ue.log(b,d,{nb:1});if(!a.fromOnError){g=h.console{};d=g.error g.log s;c=h[u];f=Error logged with the Track&Report JS errors API(http://tiny/1covqr6l8/wamazindeClieUserJava);;if(c&&c[v])try{f+=c[v](b)}catch(t){f+=no info provided; converting to string failed}else f+=b.m;d.apply(g,[f,b])}}var G=XMLHttpRequest,F=XDomainRequest,N=navigator,D=sendBeacon,v=stringify,u=JSON,p=logLevel,q=attribution,y=pageURL,r=skipTrace,H=setRequestHeader,k=message,s=function(){},E=//+m.ue_furl+/1/batch/1/OE/,l=m.ue_err,M=m.ue_err_chan jserr,z=FATAL,J=v6,A=20,t=256,L=RegExp(?(^[s]*):(d+):d+)??.split( ).join(String.fromCharCode(92))),K=/.*@(.*):(//d*);x[r]=1;C[r]=1;w[r]=1;(function(){for(var a,e=0;e (function(c,d){var b=c.ue,a=d.navigator;b&&b.tag&&a&&(a=a.connection a.mozConnection a.webkitConnection)&&a.type&&b.tag(netInfo:+a.type)})(ue_csm>window);(function(c,d){function g(a,b){for(var c=[],d=0;d ue_csm.ue.exec(function(d,e,a){function b(a,b){return{name:a,getFeatureValue:function(){return void 0!==(b 0)}}}function h(a,b,c){return{name:a,getFeatureValue:function(){return b===c 0}}}}function g(a,b){return{name:a,getFeatureValue:function(){for(var a=0;a ue._bf.modules.push(ue._bf.mpm(cc_ie5, 1) ) ue._bf.modules.push( ue._bf.mpm(cc_ie6, 1) ) ue._bf.modules.push(ue._bf.mpm(cc_ie7, 1) ) ue._bf.modules.push( ue._bf.mpm(cc_ie8, 1) ) ue._bf.modules.push(

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ue._bf.mpm(cc_ie9, 1) )
(function(g,b,h){ function c(){ var
a;a=h.cookie.match(/session-id=(/[w//-]+)/
);a=null!=a?a[1]:null;var
b=ue_sid,c;Date.now?Date.now():Date.now().getTime();d[a]
(e.log({k:k,t:c,nsid:a,osid:b},f),d[a]=1)}var
k=sbk,f=cs; b=b.navigator.cookieEnabled
?!0:!1;var
e=g.ue,d={};e.log({k:cnf,enbl:b},f);b&&ue
e_sid&&(d[ue_sid]=1,e.attach(beforeunloa
d,c),setInterval(c,1E3)))(ue_csm>window,
document);
ue_csm.ue.exec(function(e,f){ var a=e.ue
{};b=a._wlo,d;if(a.ssw){d=a.ssw(CSM_pre
viousURL).val;var
c=f.location,b=b?b:c&&c.href?c.href.split(
#)[0]:void 0;c=(b
)===a.ssw(CSM_previousURL).val;!c&&
b&&a.ssw(CSM_previousURL,b);d=c?relo
ad:d?intrapage-transition:first-view}else
d=unknown;a._nt=d},NavTypeModule)(ue
_csm>window);
var
ue_mbl=ue_csm.ue.exec(function(e,a){ fun
ction k(f){ b=f
{};a.AMZNPerformance=b;b.transition=b.t
ransition {};b.timing=b.timing
{};if((f=a.webclient&&function===typeof
webclient.getRealClickTime?a.cordova&&
a.cordova.platformId&&ios===cordova.plat
formId?!1:!0:!1)&&b.tags instanceof
Array){ var
c;c=-1!=b.tags.indexOf(usesAppStartTime)
b.transition.type?!b.transition.type&&-1

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