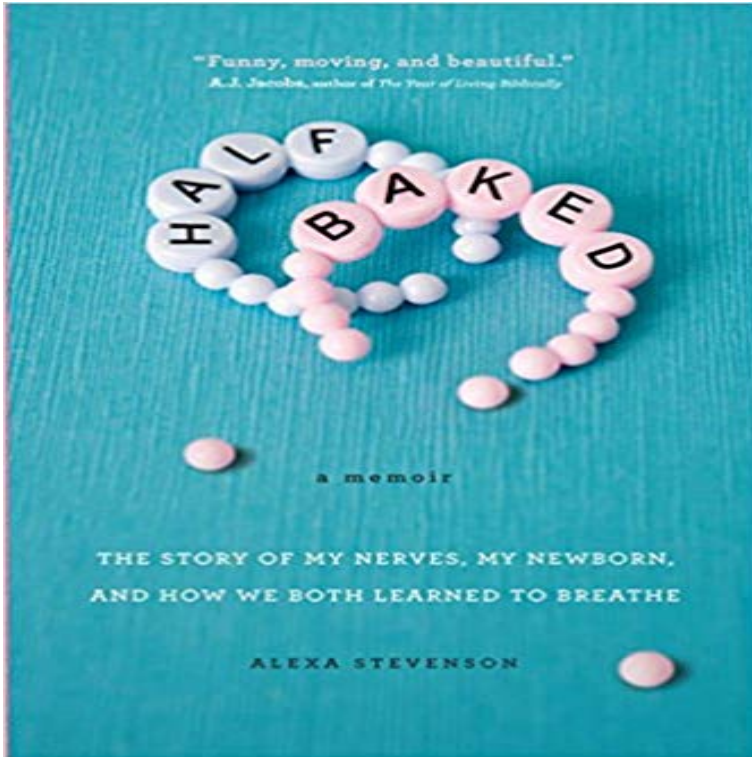


Half Baked: The Story of My Nerves, My Newborn, and How We Both Learned to Breathe



Author Alexa Stevenson had spent most of her life preparing for the wrong disasters. When her daughter is born 15 weeks early, she is plunged into the strange half-light of the Newborn Intensive Care Unit, where she learns the Zen of medical uncertainty and makes the surprising discovery that a worst-case scenario may just be the best thing that's ever happened to her. The absurdities of the medical system, grappling with mortality, and coming into one's own are all explored in this wryly heartfelt memoir. From the indignities of infertility treatments to managing bedrest and parenting a preemie (how does one wrangle an oxygen tank while changing a diaper?), Alexa recounts her rocky road to motherhood with a uniquely sharp, funny, yet poignant voice.

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