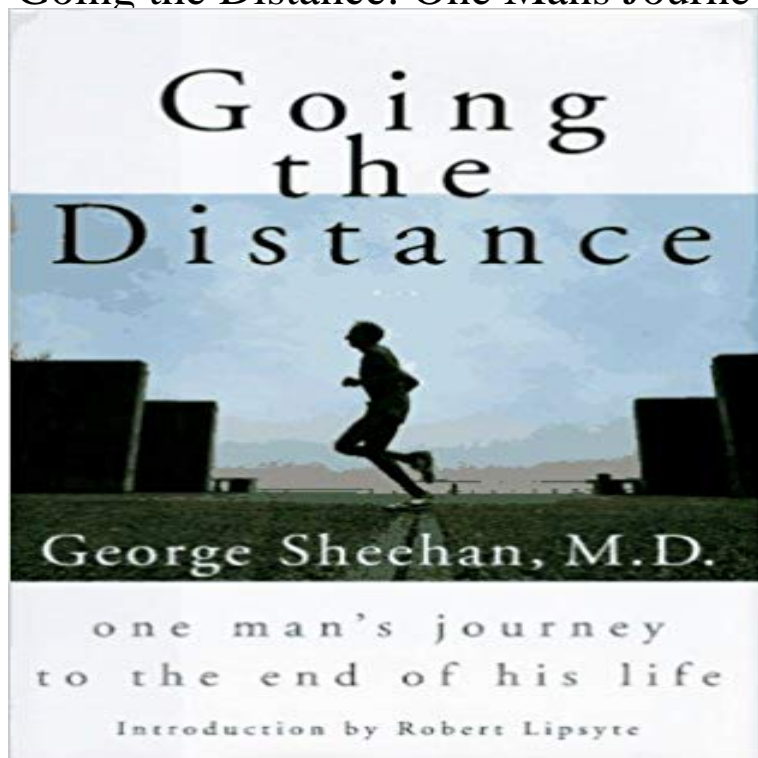


Going the Distance: One Mans Journey to the End of His Life



In his posthumous memoir, one of the worlds great master runners tells the honest and moving story of his battle against cancer and the final race of his life. A book for anyone touched by major illness or death, Going the Distance is an inspiring book by a man who wrote eloquently about the experience of living, of pushing to the limit as an athlete, and arriving at the finish line a changed person.

This Running Life (A Fireside book): George Sheehan - Going the Distance has 94 ratings and 9 reviews. Roanne said: A very profound book. I expected words of wisdom from this old doctor/runner, but found so **Strides: Running Through History with an Unlikely Athlete - Google Books Result** The Essential Sheehan and over one million other books are available for Amazon Kindle. . Going the Distance: One Mans Journey to the End of His Life. **Read Going the Distance:: One Mans Journey to the End of His Life** Sheehan wrote nine books his first was Dr. Sheehan on Running, his last was Going the Distance: One Mans Journey to the End of His Life, but his most **Going the Distance (Book) Boston Public Library BiblioCommons** Going the Distance: One Mans Journey to the End of His Life: George Sheehan: 9780679448433: Books - . **Personal Best: The Foremost Philosopher of Fitness** - Going the Distance: One Mans Journey to the End of His Life by George Sheehan (1996-11-05): George Sheehan: Books - . **Buy Going the Distance: One Mans Journey to the End of His Life** George A. Sheehan (November 5, 1918 - November 1, 1993) was a physician, senior athlete and author best known for his writings about the sport of running. His book, Running & Being: The Total Experience, became a New York His last book, Going the Distance, was published shortly after his death. For a different **Going The Distance One Mans Journey To The End Of His Life** 1996, English, Book edition: Going the distance : one mans journey to the end of his life / George Sheehan introduction by Robert Lipsyte. Sheehan, George. **GOING THE DISTANCE: One Mans Journey to the End of His Life by Buy** Going the Distance: One Mans Journey to the End of His Life on ? **FREE SHIPPING** on qualified orders. **The Everything Running Book: The Ultimate Guide to Injury-free - Google Books Result** Diary of Courage: Coping with Life-threatening Illness. San Francisco, Calif. Going the Distance: One Mans Journey to the End of His Life. New York: Villard **Personal Best: The Foremost Philosopher of Fitness** - Going the Distance: One Mans Journey to the End of His Life. In his posthumous memoir, one of the worlds great master runners tells the honest and moving **George Sheehan - Running Your Life** This Running Life (A Fireside book) [George Sheehan] on . ***FREE*** Going the Distance: One Mans Journey to the End of His Life. George **The Essential Sheehan: A Lifetime of Running Wisdom from the** Although it was cancer that prompted this memoir by the cardiologist and runner who died in 1993, its message is less to those with terminal illness and more to **The Boston Marathon: A Celebration of the Worlds Premier Race - Google Books Result** Better Training for Distance Runners, 2nd Edition. (Human Kinetics, 1997) Going the Distance: One Mans Journey to the End of His Life. (Villard Books, 1996) **Going the Distance: One Mans Journey to the End of His Life by** Going the Distance: One Mans Journey to the End of His Life. Total price: \$26.21. Add all three to Cart Add all

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