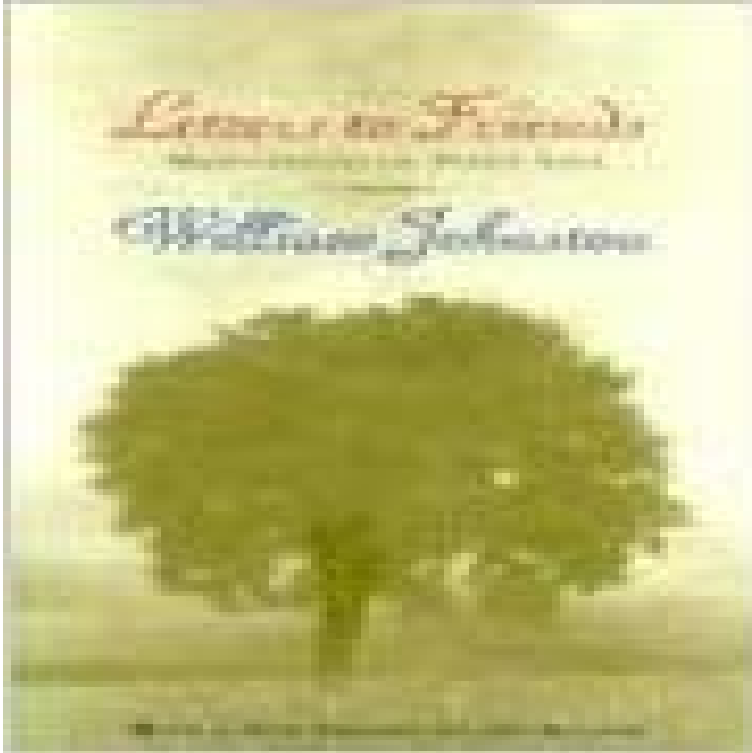


Letters to Friends: Meditations in Daily Life



The celebrated author of *Christian Zen* and other books exploring Christian-Buddhist dialogue offers spiritual guidance to friends seeking a more profound and personal experience of God-through a spirituality renewed by contemplation. Writing with warmth, directness, and wisdom to a variety of friends, Johnstons conversations (formerly published as *Letters to Contemplatives*) touch on a range of topics-from the meaning of Christ for Christians embracing Eastern meditation to the relationship of contemplation to social action. Includes a new preface by the author.

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