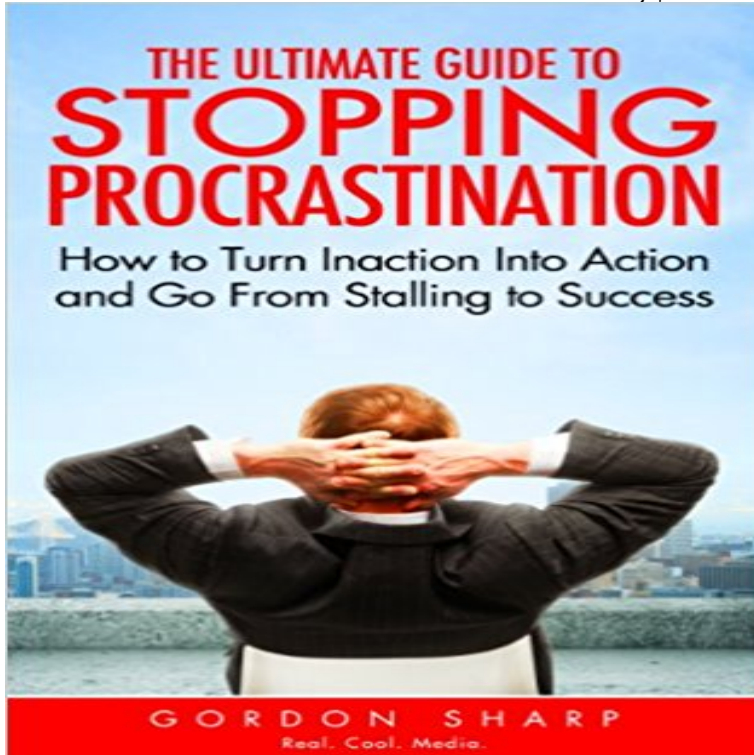


# The Ultimate Guide to Stopping Procrastination - How to Turn Inaction Into Action and Go From Stalling to Success



Its time to break free from the tasks you have left behind and get on the right foot for success! There is no better book on the topic of procrastination, I can whole-heartedly recommend it to anyone whos serious about stopping procrastination once and for all. - Michael Delaware

Do you want to stop procrastination once and for all and accomplish all the tasks YOU want to accomplish? Do you want to achieve the goals you have set out to achieve, without postponing them longer and longer? Do you value time management? If you have answered Yes! to any of these questions, then this book is for you. Procrastinating is absolutely normal and everybody does it. Its something that will compel you to stop doing what youre supposed to do, and convince you that youll do it tomorrow, or the day after tomorrow, or the next week or the next month. This habit of postponing tasks can be dangerous and if not stopped, can lead to deadlines slipping by without you even knowing about them. However, there are proven techniques and strategies shown in this book that will turn your procrastination into action and will help you be the success you want to be. This book teaches you: Why you procrastinate and why procrastinating is really inhibiting you to reach your full potential How to realize when you are procrastinating How to overcome procrastination How can you use procrastination to your own advantage Many Tips, and strategies for overcoming procrastination

**BONUS:** Time management 101 This book will teach you how to STOP saying Ill do it tomorrow, and instead make you say Ill do it right NOW! This is the attitude that will make your life a lot more organized and help will you achieve your dreams and goals. If youre really serious and want to stop procrastination, then act now and get this ebook!

**EDITORIAL REVIEW:** Procrastination can feel like a hard-wired

impulse, a force of nature designed to keep you from reaching your potential. It can make your deadlines speed by and your resolutions fall to the floor before you even notice they're gone. In *Procrastinating like a Boss!*, entrepreneur and procrastination whisperer Gordon Sharp debunks the myths surrounding procrastination and shows you how to make this former bad guy work for you instead of against you. This book helps you examine your relationship with procrastination and forces you to ask yourself, why do I do it? How do I do it? And, why can't I break the habit? Sharp illuminates and lampoons your excuses, while giving you practical methods for combatting them. He highlights the ways in which you can take procrastination from harmful to healing, through tried and tested research, wisdom and expert advice. With its proven time management techniques and tips for constructing healthy new routines, *Procrastinating like a Boss!* will show you how to slay the dragon of procrastination today! Here's what people who have read this book have to say: You may think that the book just helps you to stop procrastinating, but it not only helps you to stop procrastinating, but to watch all areas in your life turn successful. Its also a great read! - Arthur Freud The book lays out the steps on how to turn procrastination into a positive movement in all areas of your life. You will see that when you procrastinate you are not just putting something off, but you can affect your health, life and work. I was really impressed with the information that was provided in the book. - Jessica Miller There is a lot that I didn't realize I did, but falls into the procrastinating area. I will use the advice given and apply it to all areas of my life. The book *Procrastinating like a Boss!* by Gordon Sharp is a wonderful book with amazing advice and tips. Gina Simonns

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